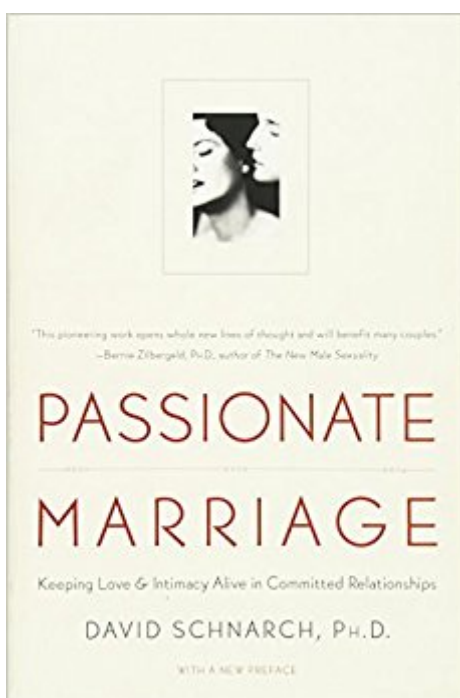


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# Passionate Marriage: Keeping Love And Intimacy Alive In Committed Relationships



## Synopsis

“A classic.”  
William H. Masters, M.D. *Passionate Marriage* has long been recognized as the pioneering book on intimate human relationships. Now with a new preface by the author, this updated edition explores the ways we can keep passion alive and even reach the height of sexual and emotional fulfillment later in life. Acclaimed psychologist David Schnarch guides couples toward greater intimacy with proven techniques developed in his clinical practice and worldwide workshops. Chapters covering everything from understanding love relationships to helpful "tools for connections" to keeping the sparks alive years down the road provide the scaffolding for overcoming sexual and emotional problems. This inspirational book is sure to help couples invigorate their relationships and reach the fullest potential in their love lives.

## Book Information

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## Customer Reviews

Couples therapists often specialize in one or the other--sex or the relationship. It's a ridiculous separation says marital and sex therapist David Schnarch, who believes sex is the all-telling barometer of a love relationship. Schnarch's fundamental lesson is differentiation--the often threatening process of defining yourself as separate from your partner, which inevitably draws you closer to your partner than you ever dreamed possible. Schnarch uses dramatic therapy sessions to illustrate how differentiation doesn't just cure sexual dysfunction; it helps couples reach the mind-blowing heights of their sexual potential. A groundbreaking and truly erotic discussion of adult sexuality. --This text refers to the Hardcover edition.

Living in a "dead" relationship? Want to make it more passionate? More intimate? More loving? Schnarch (Constructing the Sexual Crucible, Norton, 1991) takes the reader behind the scenes as couples describe similar feelings as well as their explicit sexual encounters during dramatic therapy sessions. The book is divided into three sections. The first section gives the reader a framework for understanding his or her existing relationship so that it can grow. The second section gives detailed instructions on ways to make sex better and more intimate. The last chapters show how sex and intimacy operate together in marriage. A potentially useful guide; recommended for larger well-circulating self-help collections. ?Marty Dean Evensvold, Magnolia P.L., Tex. Copyright 1997 Reed Business Information, Inc. --This text refers to the Hardcover edition.

I initially had resistance to reading this book but as I got through it found it had great information. It has become a study as the more I read the more I understand. It has improved my relationships immensely . I understand how i can improve my relationships by growing myself. Life changes when you understand your own needs fully and pay attention to caring for yourself. That has also resulted in my understanding the needs of others as well. I regularly "hold on to myself " in otherwise stressful situations resulting in easy and satisfying outcomes. I will be reading and really reading this book many times. There are many distinctions in its pages. Highly recommended for couples and singles who want happy fulfilled relationships.

This is my new favorite book that I recommend to everyone I talk to. David Schnarch has taught me to stop trying to work on the "problems" in my marriage, and to instead let my marriage work on me. His work has revolutionized the world of marriage/sex therapy and brings important theories to the conversation. I'm so thankful for how this book has helped me grow personally, in my marriage, and in my career goals. I'm so thankful I found it now, because I will be growing upon this foundation for the rest of my life.

What a great book! Dr Schnarch is a sex therapist, but this material address the entire marital relationship. His focus is on how we relate to each other as individuals, how we communicate, etc, rather than discussing mechanics in depth. This book is doing wonderful things for our marriage, and we already had a great relationship. Highly recommend!

Excellent resource for couples that have long term relationships. It helps to realize sex can still exist even though you have been together many years & what you can do together to get that fire going

again once it's died out!

This is a good book to read. It has many helpful ideas that you can catch and use them in your own lifewhen you have two choice dilemmas or other difficult situations.

Just a few pages in, but the book is already making a lot of sense. This is a book for thoughtful adults who want an even better relationship.

I have seen divorce from at last three sides. Child of divorce, divorced woman... and divorce lawyer. I have heard literally hundreds of people's stories. I know the statistics on the likihood of divorce, and on how long people wait to admit they have a problem. (Seven years.)But this book explodes all the myths that run through every divorce i know about-- that marriage is supposed to be\_\_\_\_\_" (Each person has his or her own unconscious notions of what goes in the blank space, alas.)But this book offers more than a new myth--more than one more initially seductive and ultimately disappointing self-help manual. It offers transformative truth-- and a compelling reason to have courage, to try something new and even scary-- great sex. REALLY intimate deeply satisfying sex.A must read. I am recommending it to clients these days!

I will be giving this as a Gift at all the upcoming Weddings!

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